

ON'T gulp down indifferent food at a quick-lunch In your Thermos Lunch Kit you have home made sandwiches, hot and fruit. During the rush season, ut leaving the busy office, you can a palatable luncheon at your desk.

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# Shoo Fly Plant

tis grown. Very mystcrious, but tests show such to be the case. Blooms in a short time (00 days from planting). Flowers both summer and winter. Package of seed by mail with catalogue, 10 Cents. JAPAN SEED CO., Deak H, South Nerwalk, Conn.



### AMAZING PROFITS

## Moses Lived to Be 120—He Camped Out Most of His Life

"I wish I lived in a caravan With a horse to drive, like a peddler man. Where he comes from no one knows, Nor where he goes to—but on he goes."

CARAVAN consists of a tenth-hand wagon costing A not over \$25-

drawn by a veteran horse costing not over \$40

loaded with some camping effects and surrounded by two or more people who don't care where they're going, but are on their way. Here is a picture of a caravan:



The camping equipment with which this wagon is loaded-tent, cooking utensils, mattresses, etc.-cost next to nothing.

And the whole family enjoyed such a vacation as John

D. Rockefeller might envy

They saw the most wonderful scenery in their State.

They walked themselves back to health.

They bought green vegetables and fresh milk from the farmers, thus cheating the high cost of living.

The reason most of us break down and die early is be-

cause our bodies are a battle-ground.

Inside us is going on all the time a terrific fight between the man that nature made us and the man we are making ourselves.

By nature we are nomads: by hard fighting we have tamed ourselves never to travel except on the 7:56 in the morning and the 5:56 at night.

Nature made us loafers: by hard drill we have forced ourselves to back into the shafts every morning and pull all day.

By nature we were intended to lie down and sleep as. soon as it grows dark, and get up as soon as it is light: by habit we sit up half the night, and sleep away five or six good hours of daylight. We never relax.

Even when we play, we play to win.
When we "get back to nature" we go into the woods;
but we don't discard our bad habit of doing something all the time: we have a program for every day-we are still under discipline.

For this unbroken and almost unbreakable tension there is no cure like camping—and especially caravaning.

Moses spent forty years caravaning in the wilderness. He "was an hundred and twenty years old when he died: his eye was not dim, nor his natural force abated."

If you would travel with a caravan, you must have no program. You must go wherever the road leads, and

sleep wherever night happens to fall.
You must take as few belongings as possible.

You must take no books except George Borrow's books about the gypsies and his "Bible in Spain"—a wonderful book that tells nothing about the Bible and very little about Spain.

A famous English nerve specialist prescribes caravaning regularly for his city-sick patients, and charges right royally.

I pass on his prescription to you.

It costs you nothing. Which is lucky, because you won't use it.

You will go away to the same summer hotel where you went last year, and come home tired out.

Oh, yes; you will.

Bruce Barton, Editor.



Then think that millions never suffer corns. They apply a Blue-jay at the first corn ache. Then bid the corn farewell.

Try it once. Freedom from corns for a lifetime is some-thing worth attempting. And Blue-jay means that to you.

### Blue=jay **Ends Corns**

15 and 25 cents - at Druggists Also Blue-jay Bunion Plasters





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